

KARATE Camp 2018

July 9 – 13 August 6-10

Grand Master Mr. Mike McNamara and Master Instructor Kwan Jang Nim Ms. Camille of ASE's *Milton Ja Shin Do* Karate program offer two week-long camps this summer.

- WHO:** Students entering grades 1 – 8 in fall 2018. All levels of experience, as well as students without karate experience, are welcome. *Space is limited, so register early.*
- WHAT:** Ja Shin Do/ Tae Kwon Do Martial Arts. Students will engage in stretching, conditioning and defensive tactics as well as learn and practice the martial art of Ja Shin Do. The course develops the Five Ss of Ja Shin Do:
Self Discipline, Self Respect, Self Esteem, Self Control, Self Confidence.
- WHERE:** Cunningham School gym and surrounding spaces
- WHEN:** Wk 1 Monday-Friday, July 9-13 10:00 am – 2:00 pm
 Wk 2 Monday-Friday, August 6-10 10:00am – 2:00 pm
 Please pack a lunch; we will provide refrigeration.
- COST:** \$185.00 \$160.00 for students gr 1-6 also attending Camp Cunningham that week
 (escort between programs is provided)

**Complete form below, attach payment and mail or drop off:
 MCS c/o Glover School 255 Canton Ave..**

2018 Karate Camp Registration

Student Name _____ Grade Fall 2018 _____ Camp Week _____ (1 or 2)
 Address _____ Home Phone _____
 Parent Name _____ Cell Phone _____
 Email _____

Emergency Contact (if parent is unreachable) _____
 Relationship to student _____ Phone _____

____ \$185.00 enclosed, payable to MCS
 ____ \$160.00 enclosed (child also attending Camp Cunningham)

Tuition includes Milton Ja Shin Do t-shirt. Please indicate child's size _____

Karate Permission Form

Child's Name _____ Gr Fall '18 _____ Age _____

In the interest of safety, please list any physical limitations, cognitive issues or health conditions (including asthma or other chronic respiratory disorders, allergies, gross motor difficulties, disabilities, or illnesses) of which the instructor should be aware before your child participates in karate:

Parent Signature: _____ Date: _____