**V O L U N T E E R O P P O R T U N I T Y**

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**M a k e a D I S H • m a k e a d i f f e r e n c e**

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***Every day community members are facing***

***hardships, including hunger.***

***There are food insecure households in every county in America.***

**Community Cooks offers you an easy way to help.**

**ONCE A MONTH all you have to do is**

**• make a dish at home**

**• deliver it to a nearby location**

**Your dish will be combined with others to make meals that serve**

***homeless women in a Quincy shelter.***

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***Join Community Cooks!***

***We are over 730 volunteers making meals that serve***

***over 3,100 of our neighbors EVERY MONTH.***

***We’re neighbors helping neighbors through sharing food.***

***for more information contact [jancormier@aol.com]***

**Community Cooks | 1 Summer Street, Somerville | www.communitycooks.org**